

1st Annual H AHL Road Hockey Tournament

Rules and Regulations

Pre-Game:

1. Registration fees must be paid in full before a team plays its first game.
2. All participants must fit the age restriction categories (15+).
3. Teams must be ready to play 5 minutes before their scheduled game time.

Gameplay:

1. Games will be given a 40 minute time slot broken into a 5 minute warm-up, two 15 minute, running-time halves separated with a 5 minute intermission (5 minute grace period).

Game ends in three cases:

1. Time expires and the team with more goals wins.
2. A team reaches 15 goals and is declared the winner.
3. At any time a team leads by 10 goals, the game ends.

In case of a tie, a shootout will occur with three players shooting from each team. A player may not shoot twice until the entire roster has shot.

4. Teams will play 4-on-4 plus a goalie per side. A team may play with five players and no goalie if they choose to.
5. The start of the game and start of the second half will begin with a faceoff at centre. After every goal and stoppage, simply a change of possession will occur. The scoring team has to wait 3 "steamboats" after a goal is scored before approaching the opposing team.
6. The referee will call all penalties at his/her discretion. He/she will award a change of possession or a penalty shot depending on the severity, intent, and location of the penalty.
7. Players' sticks must be below the waist at all times; no slapshots. Any ball touched with a stick above the waist will be blown dead.
8. When the ball leaves the play area, possession will be given to the team opposite of whom the ball deflected out of. Time will continue to run.
9. No timeouts. No delay of game. If a team is deliberately killing time, possession will go to the opposing team
10. No body contact. Once again, penalties will be called at referee's discretion.